



To assist in getting the right information while visiting the doctor, the **National Institute on Aging** recommends asking the following questions **about Medications Prescribed:**

**About Your Medications**

What is the name of the medication? \_\_\_\_\_

How do you spell it? \_\_\_\_\_

Why do you want me to take it? \_\_\_\_\_

\_\_\_\_\_

How often do I take it and for how long? \_\_\_\_\_

How will I get the medicine refilled? \_\_\_\_\_

Are there foods, drinks, other medications or activities I should avoid while taking this medication?  Yes  No \_\_\_\_\_

\_\_\_\_\_

Should I take my medicine at meals or between meals?  Yes  No \_\_\_\_\_

Do I need to take the medicine on an empty stomach or with food or a glass of water?  Yes  No \_\_\_\_\_

\_\_\_\_\_

What should I do if I forget to take the medicine and miss a dose? \_\_\_\_\_

\_\_\_\_\_

When will the medicine begin to work? \_\_\_\_\_

\_\_\_\_\_

What are common side effects or unwanted feelings or symptoms I may have while taking the medicine? \_\_\_\_\_

\_\_\_\_\_



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